



"Get Fit. Look Great. Change Your Life."



JOE AND CATIE COYLE

Transformation: Joe Coyle, 85 pounds.

Catie Coyle, 40 Pounds

Trainer: Mike Moorman

Mike is a superstar. Upstanding man, fabulous trainer, wonderful friend. I met Mike 4 years ago and he worked with me to lose 40 pounds in no time! He was understanding and compassionate. Mike introduced me to another client whom is now my husband. Matchmaker is not an official title he holds or a service he offers but you never know!